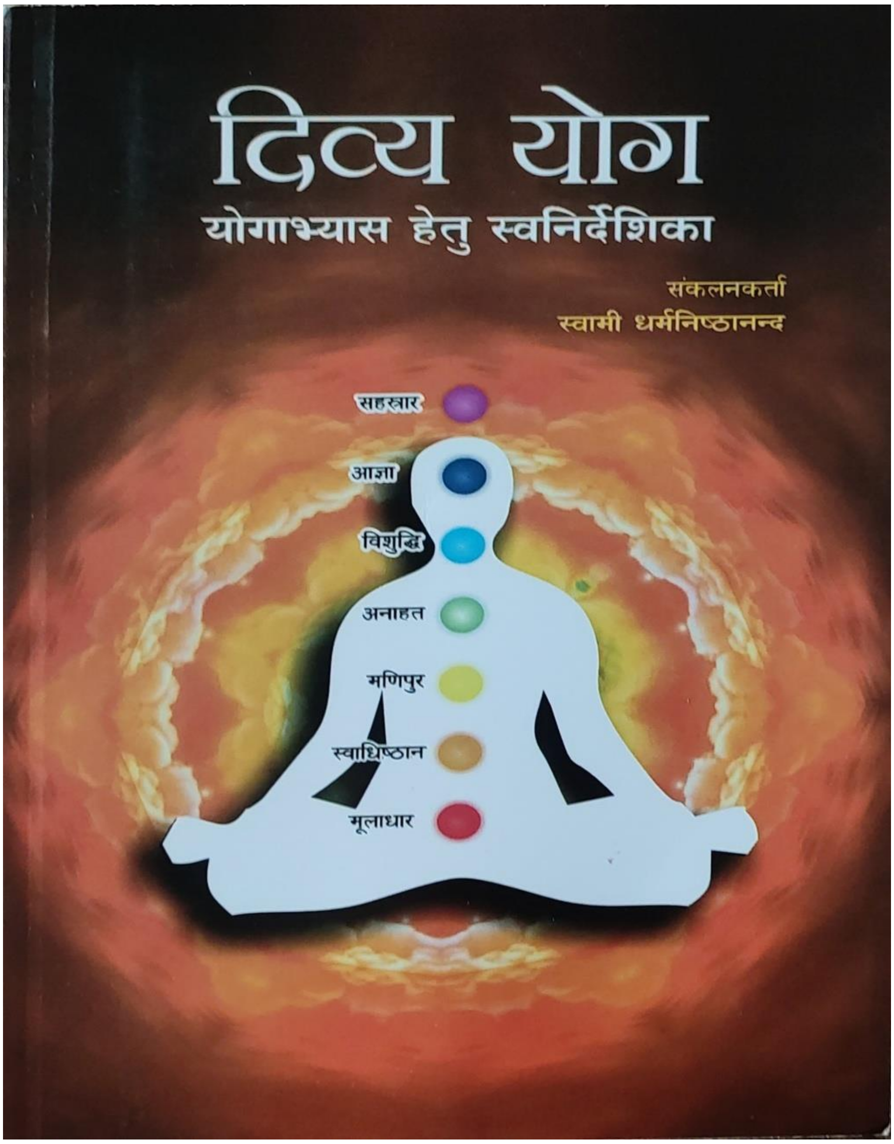

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[illegible] 6 [illegible] '[illegible]' [illegible]

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7. [illegible], [illegible], [illegible]
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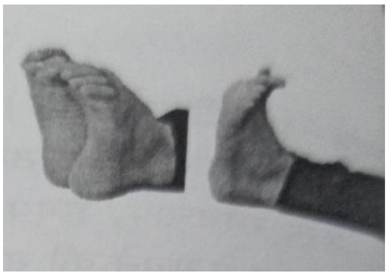
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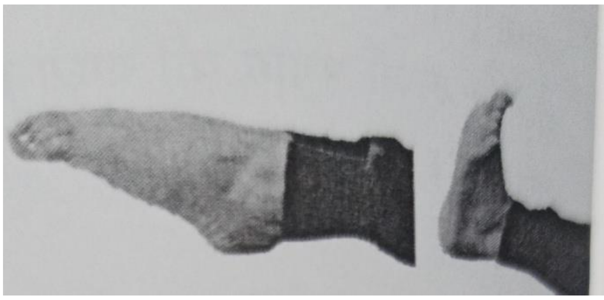
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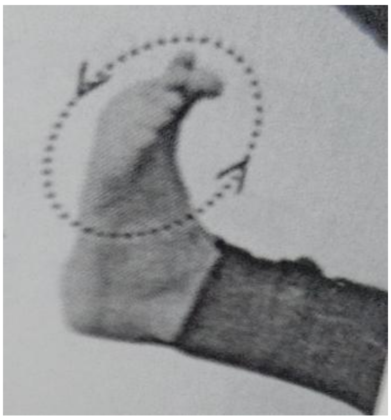
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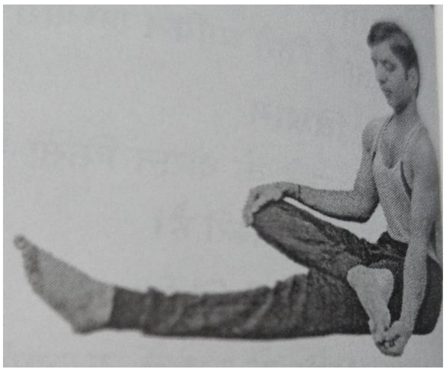
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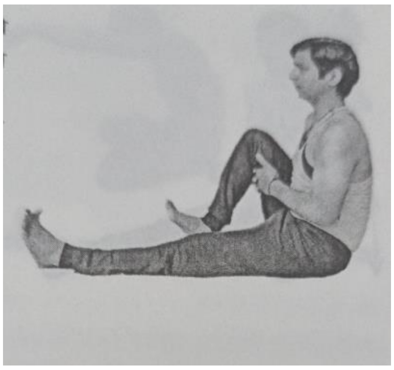


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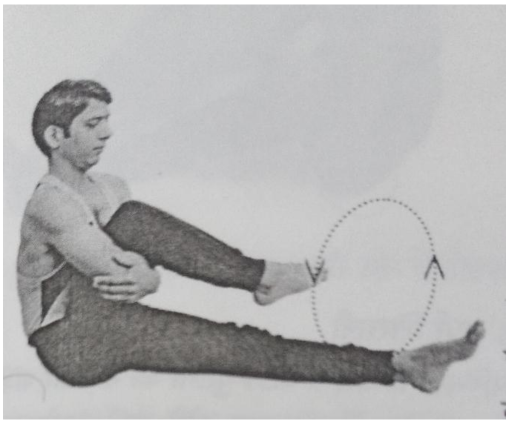


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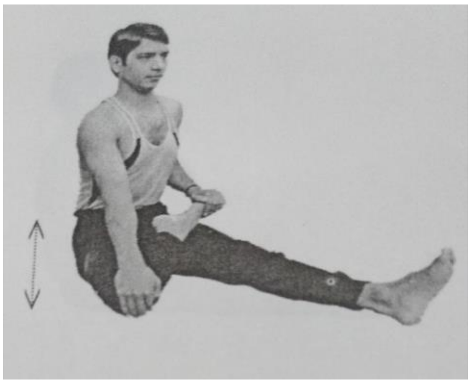
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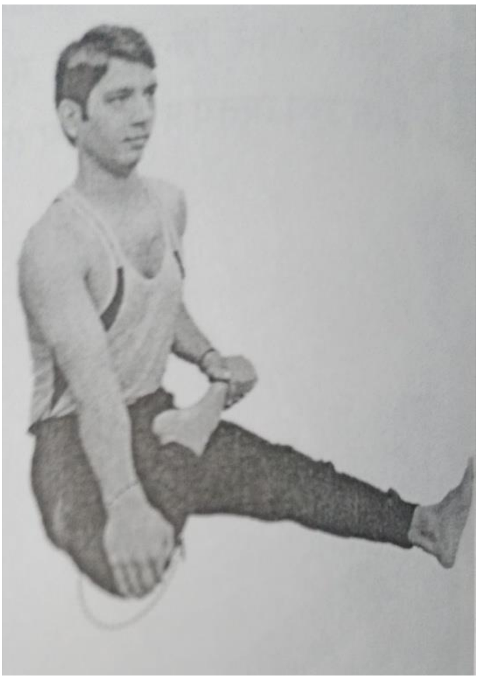
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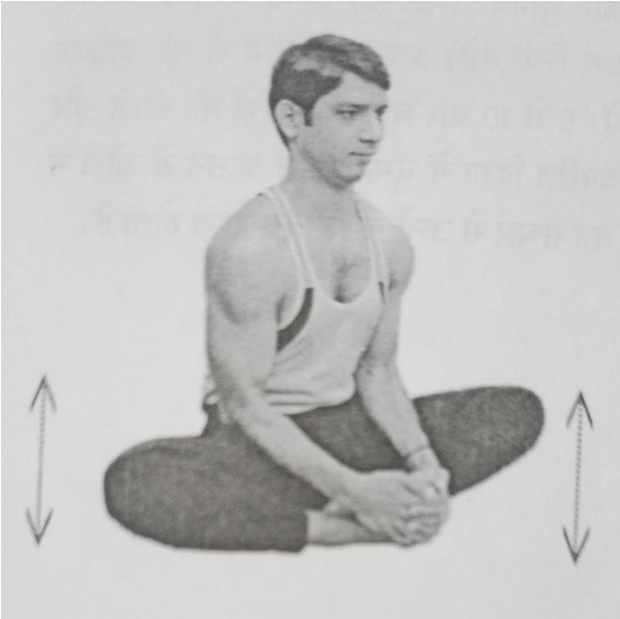
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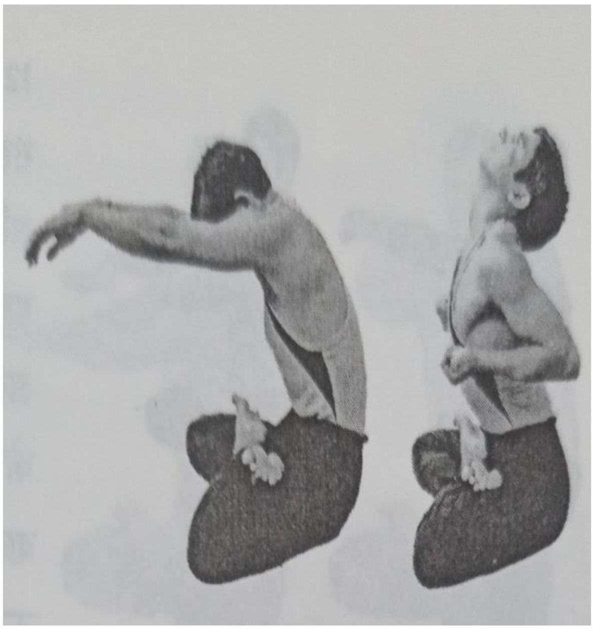
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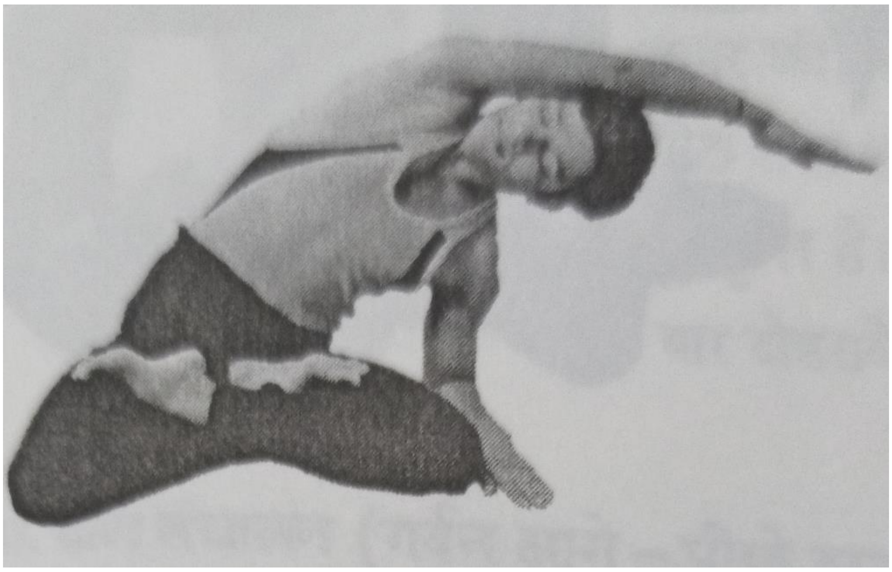
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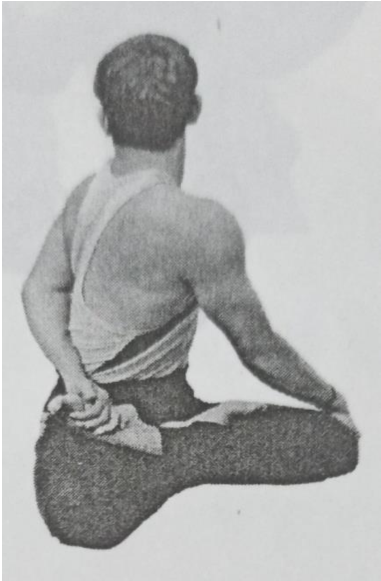


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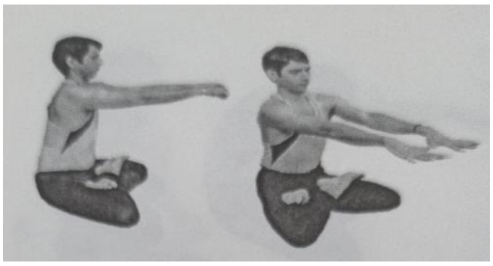
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11 [illegible]). [illegible]



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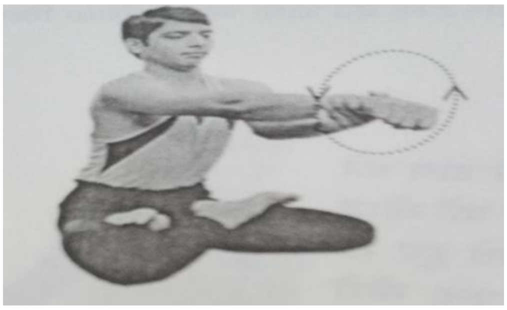
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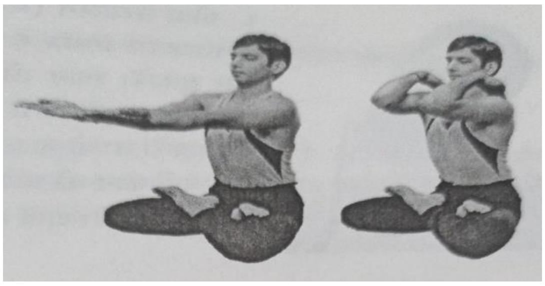
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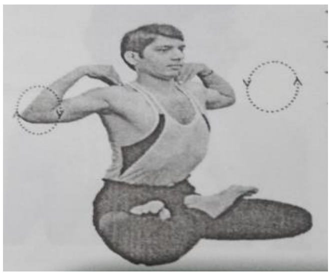


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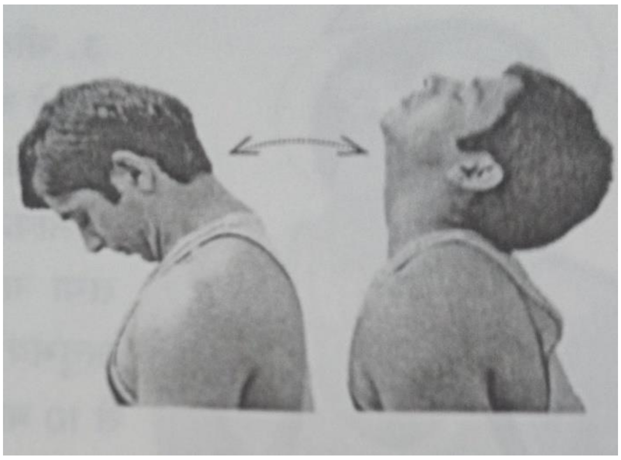
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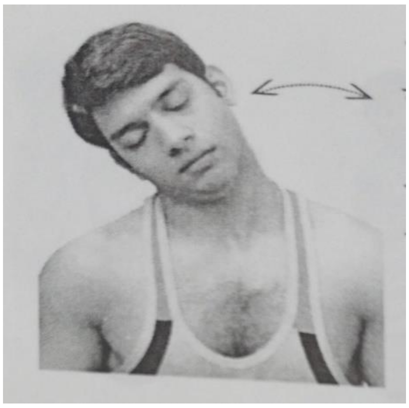
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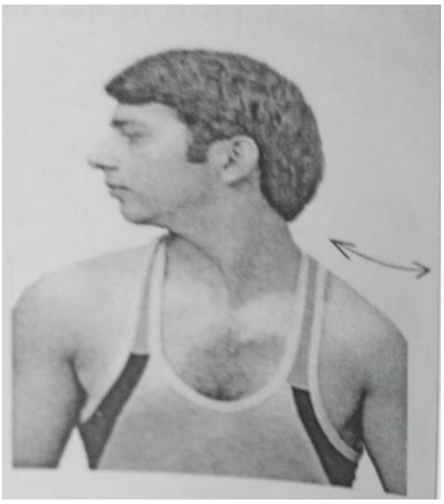
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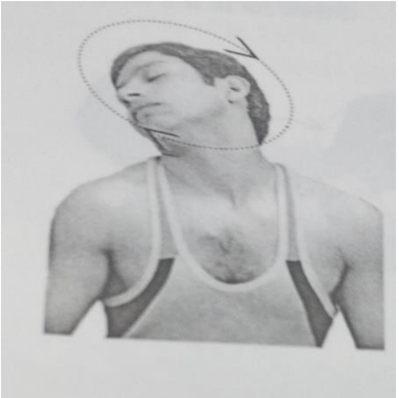
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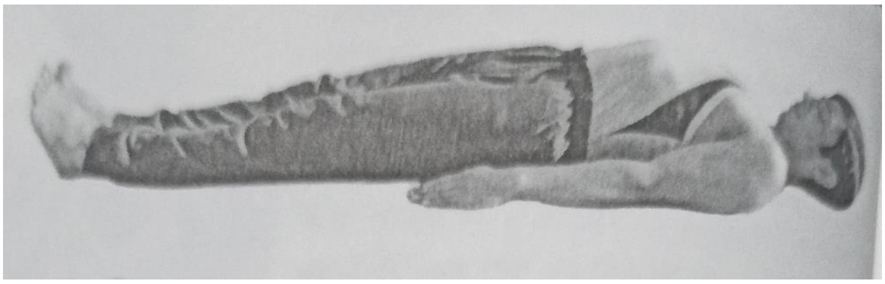


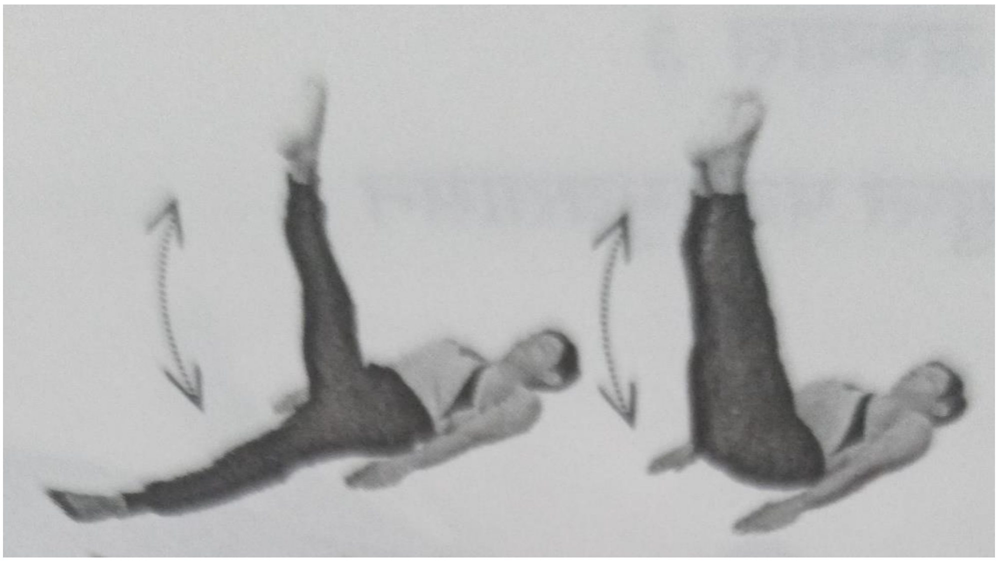
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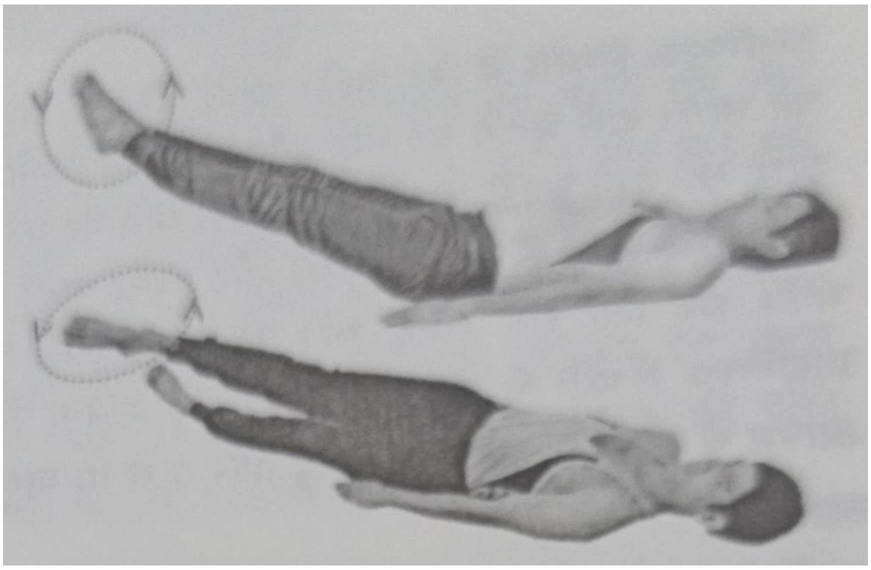
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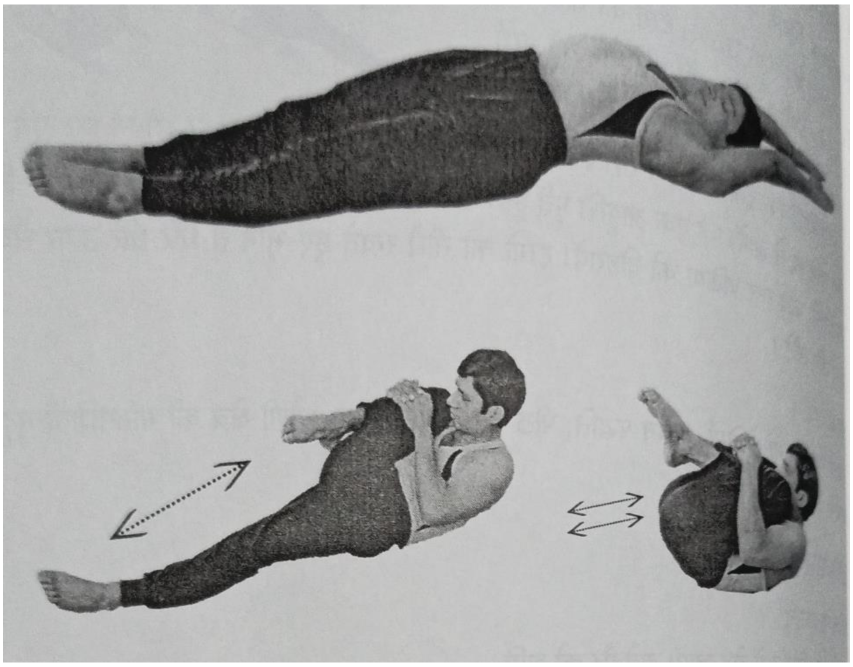
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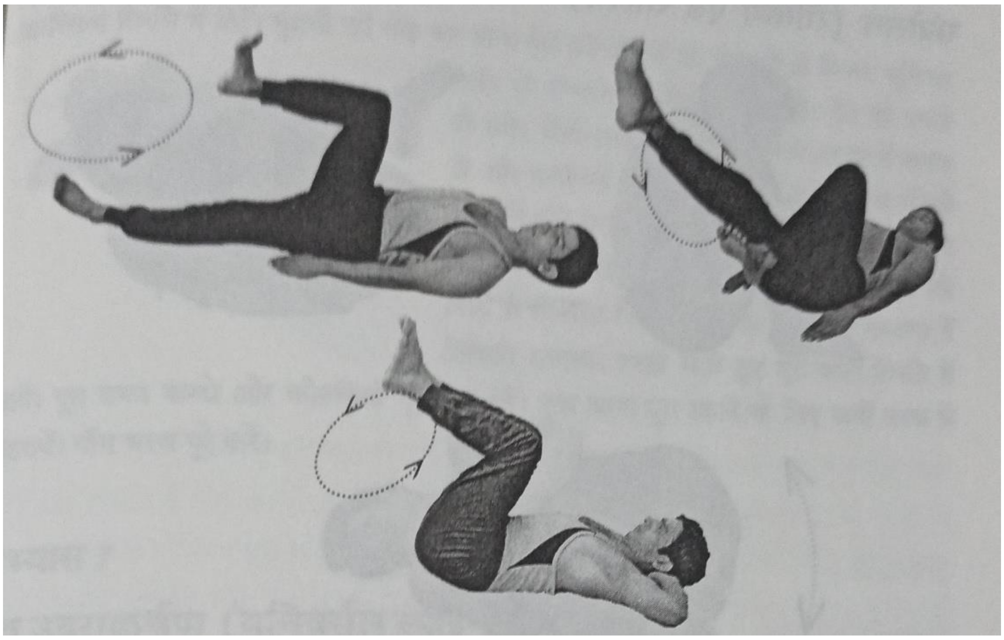




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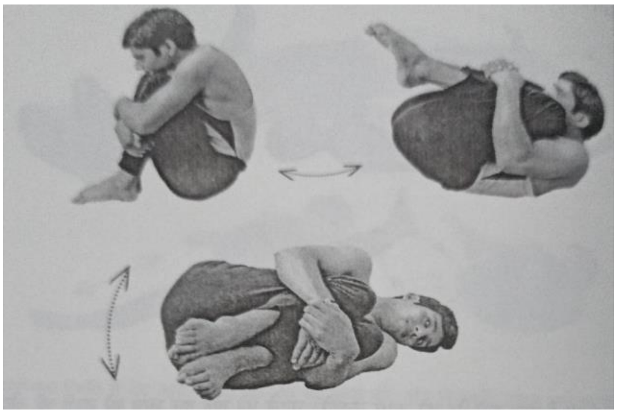
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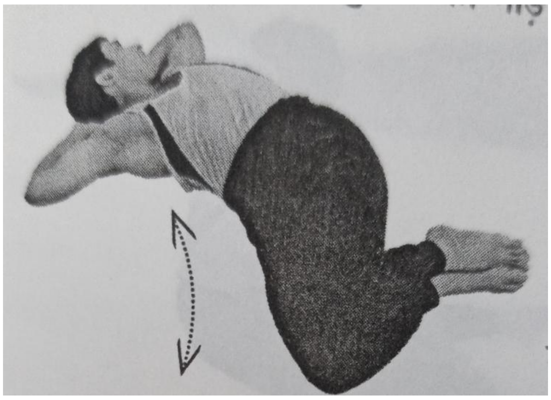
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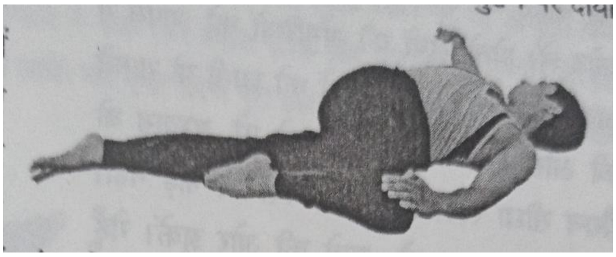
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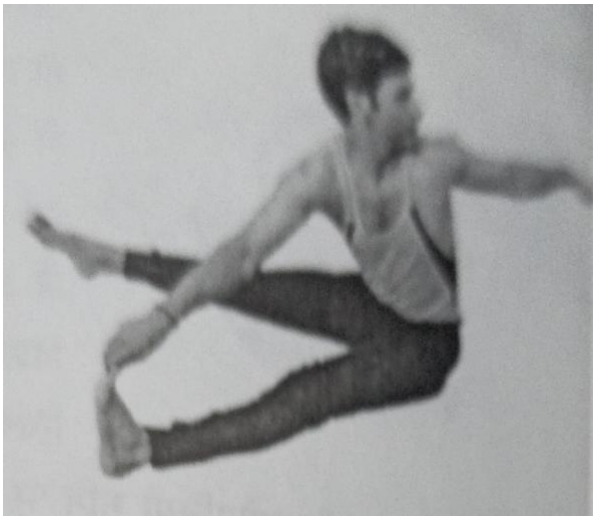
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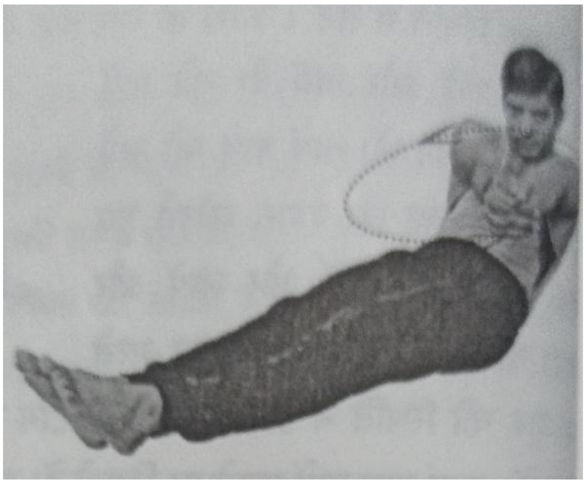
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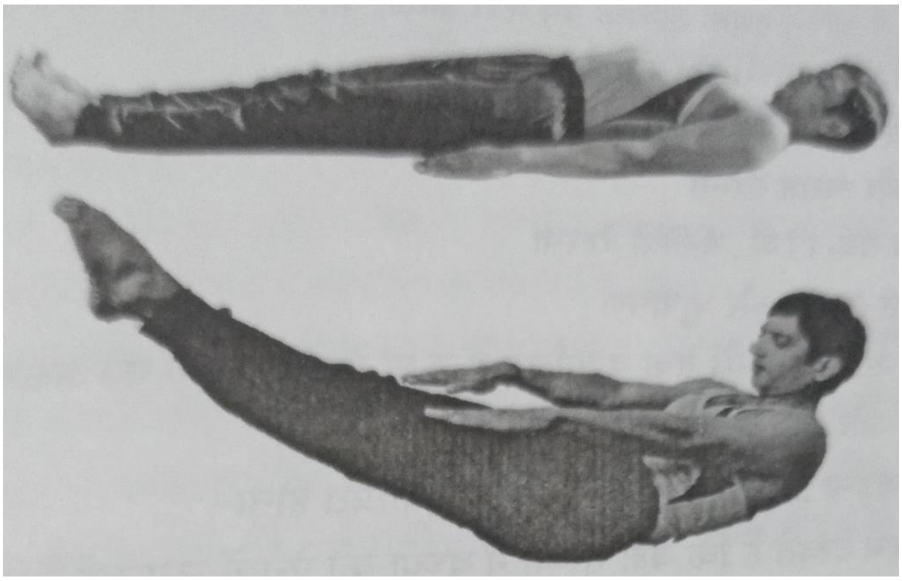
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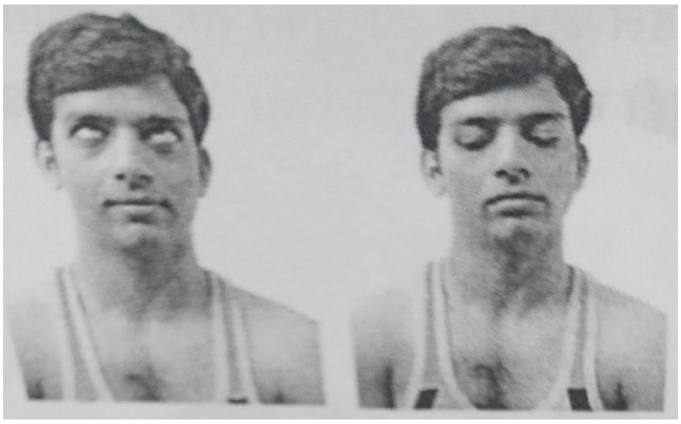
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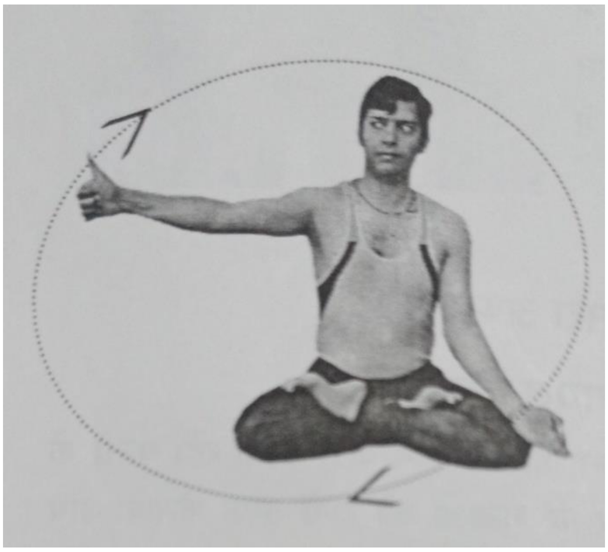
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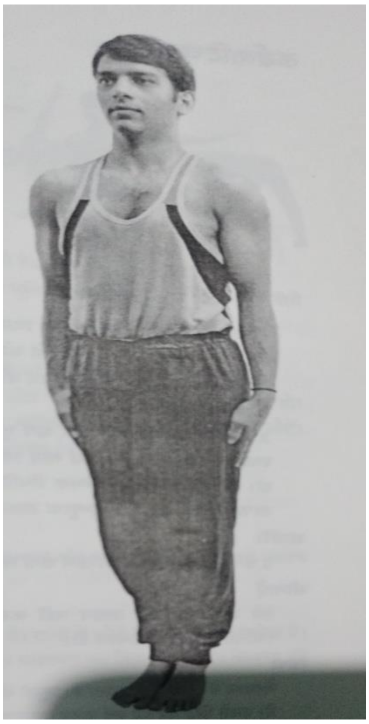
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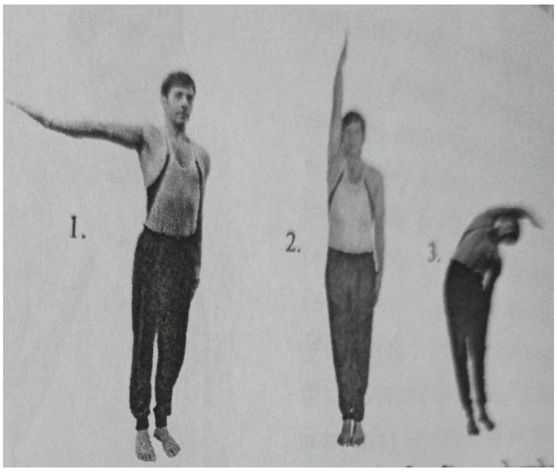











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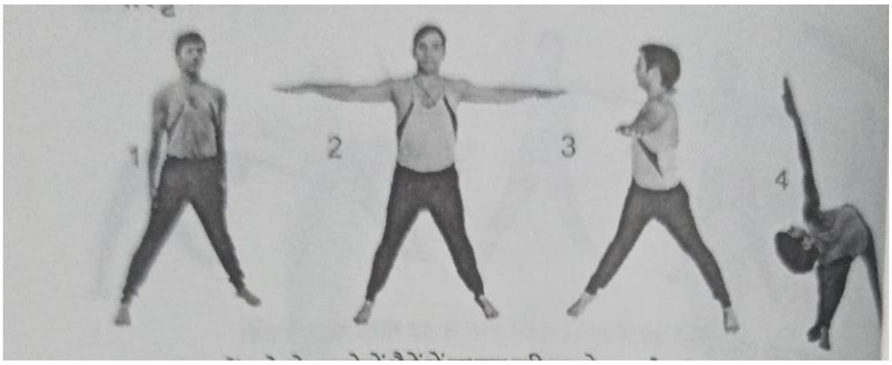
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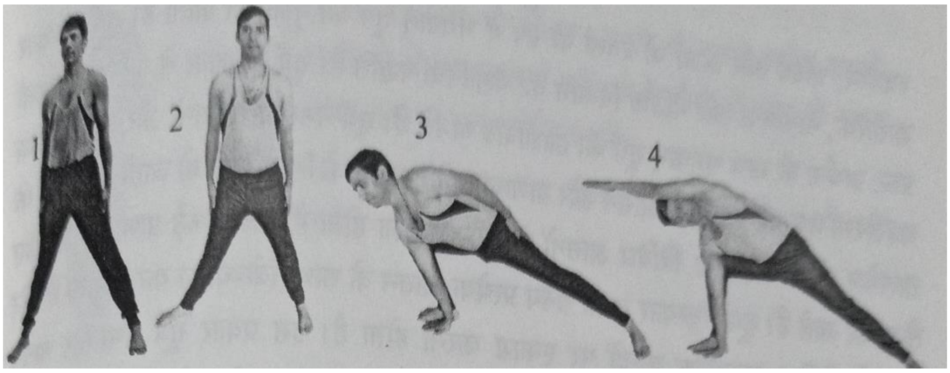
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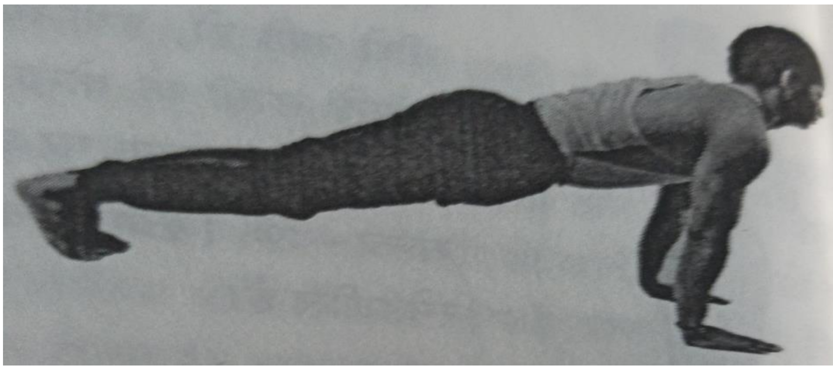


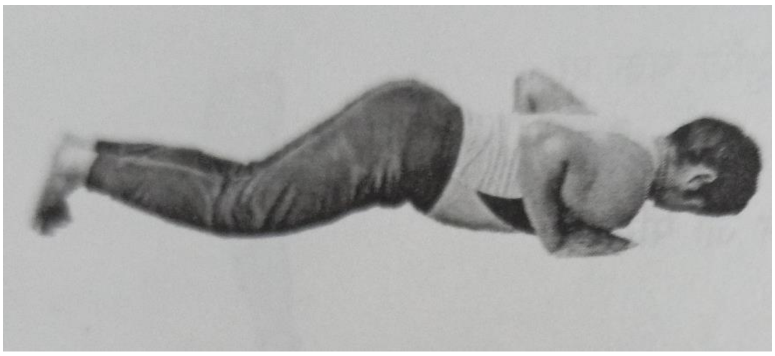
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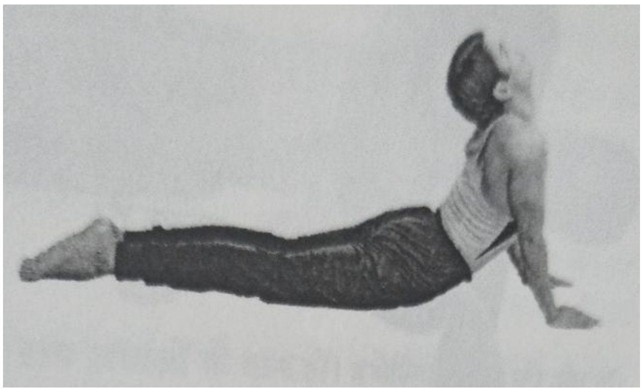




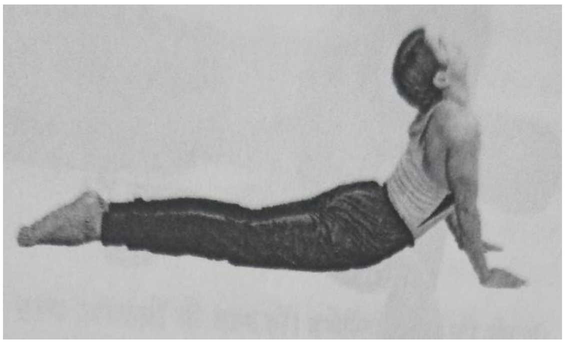








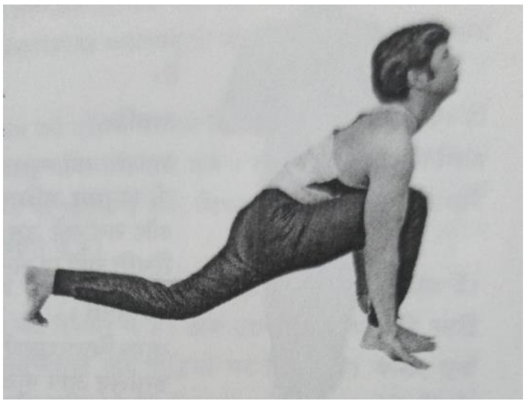
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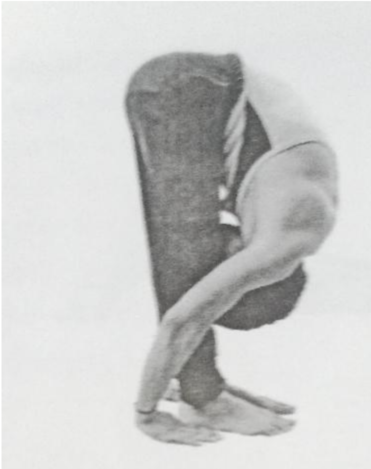


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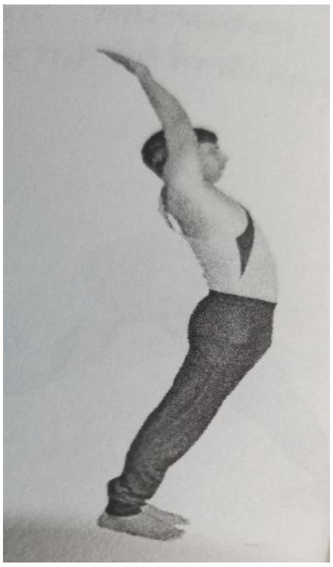
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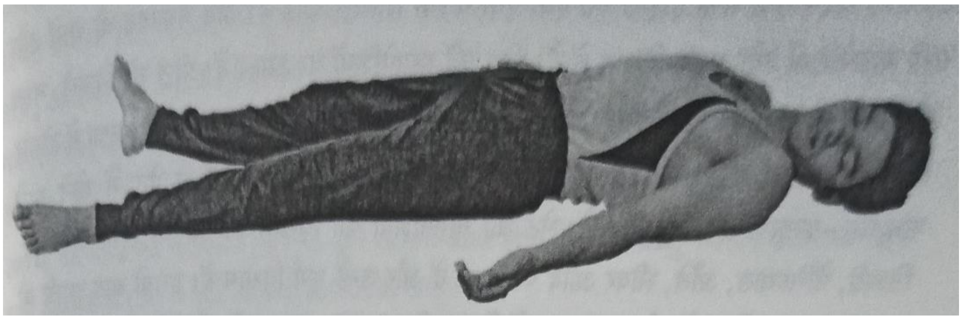


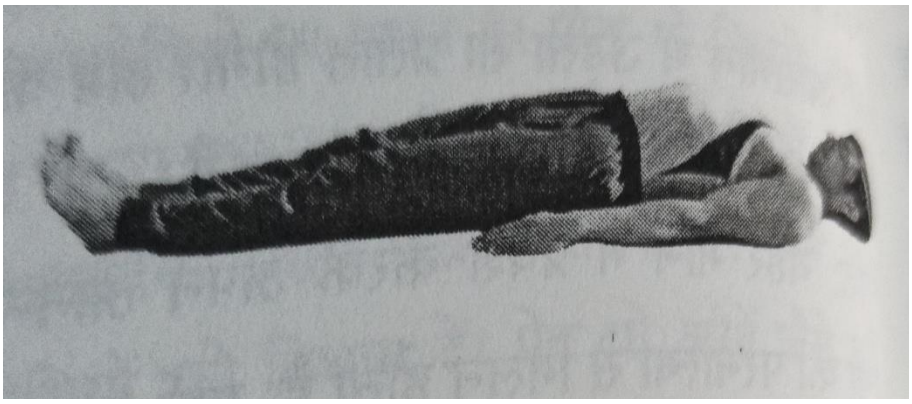
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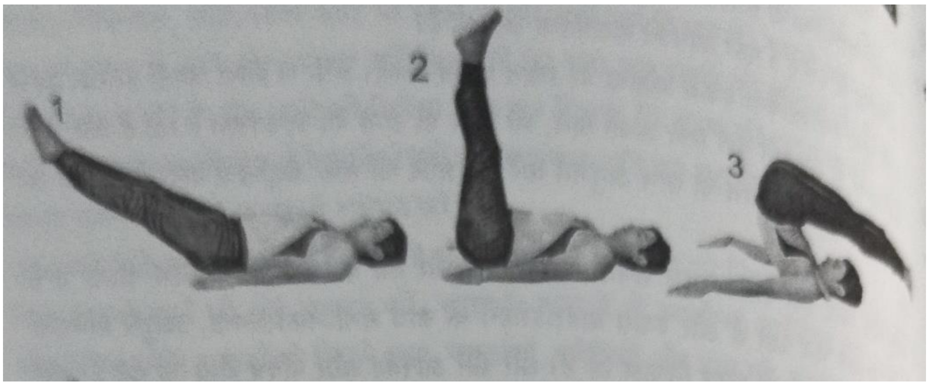
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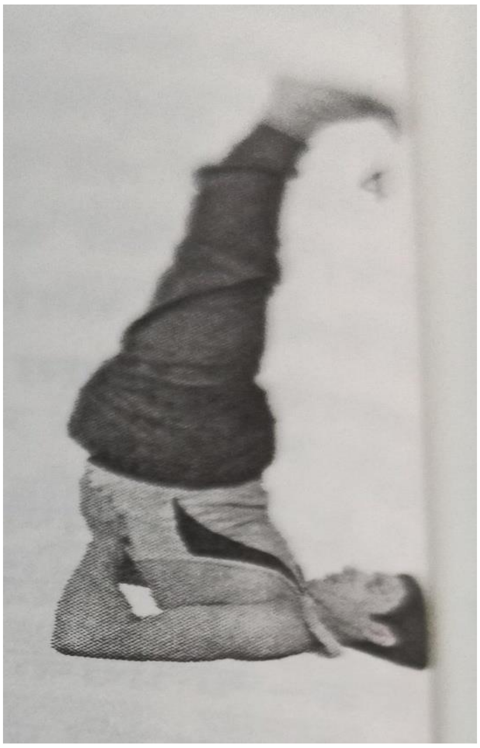
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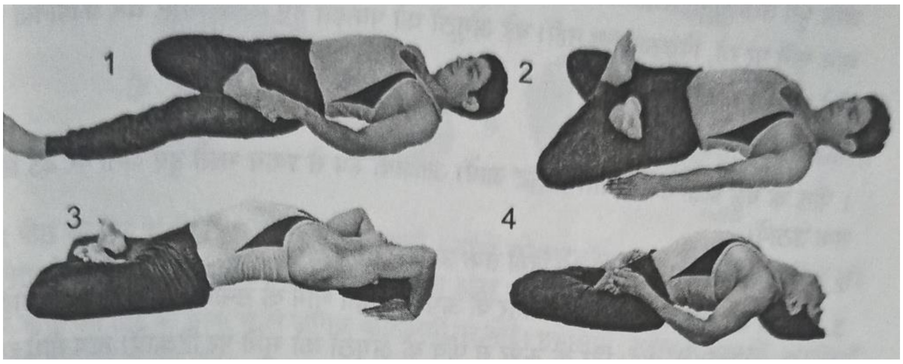
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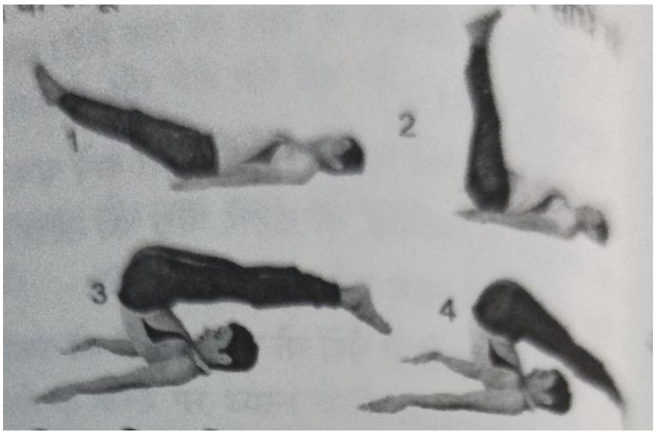
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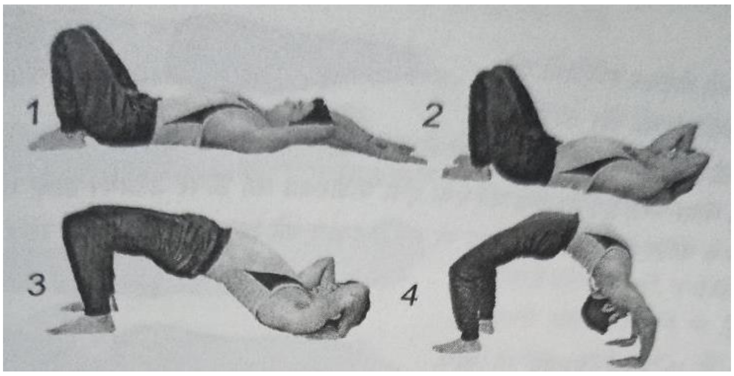
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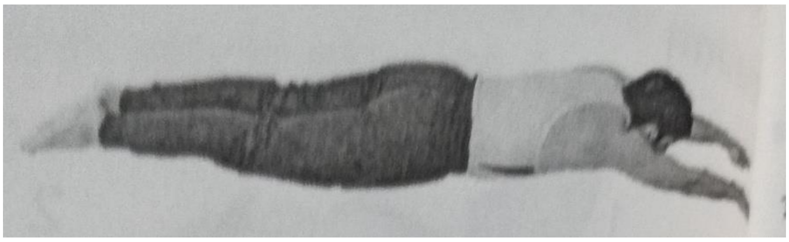
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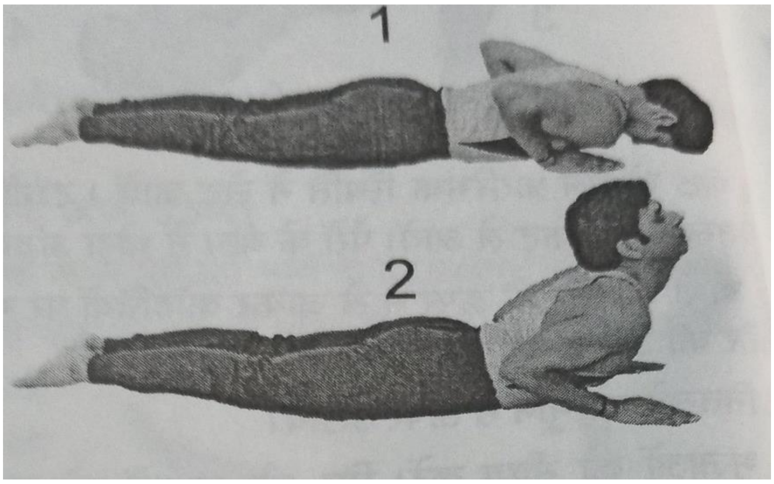


[illegible]

[illegible]

1. [illegible]

2. [illegible]



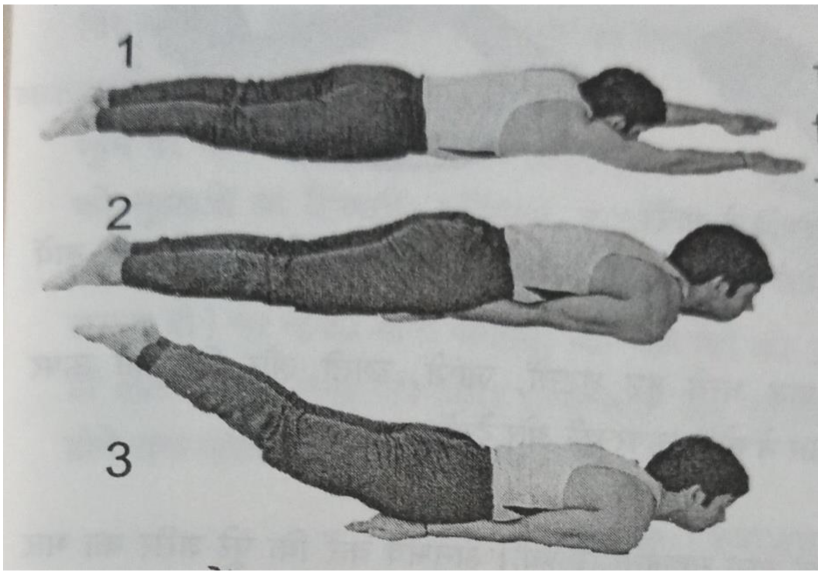
[illegible]

10 [illegible] 15 [illegible]

[illegible]

[illegible]

[illegible]


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[illegible]

[illegible]

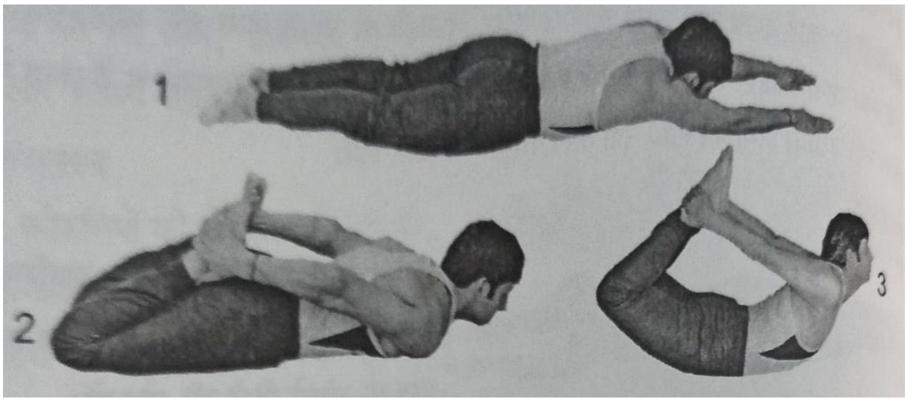
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[illegible]

[illegible]

[illegible]

[illegible]



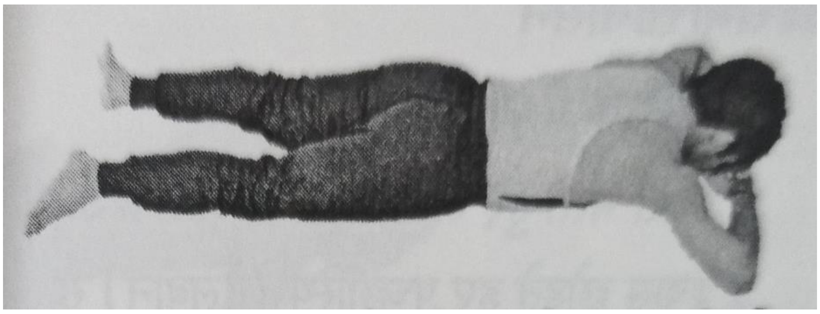
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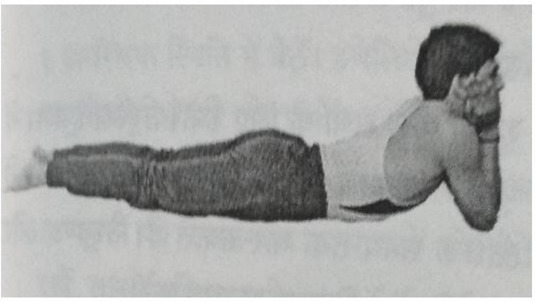
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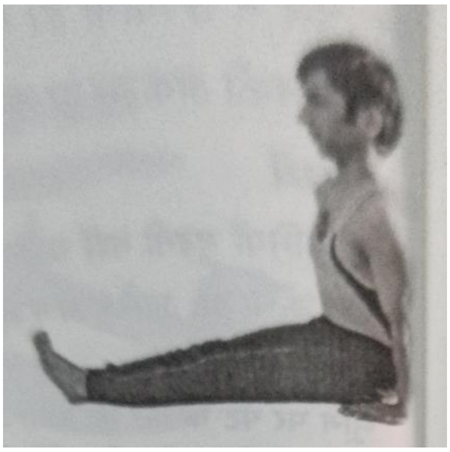
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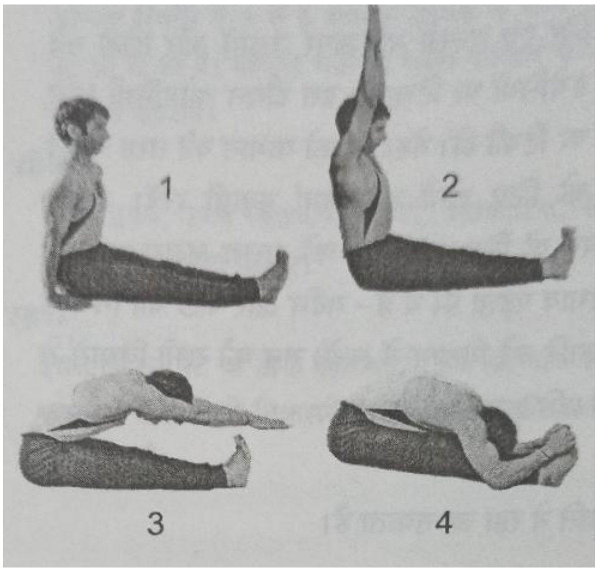
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[illegible]



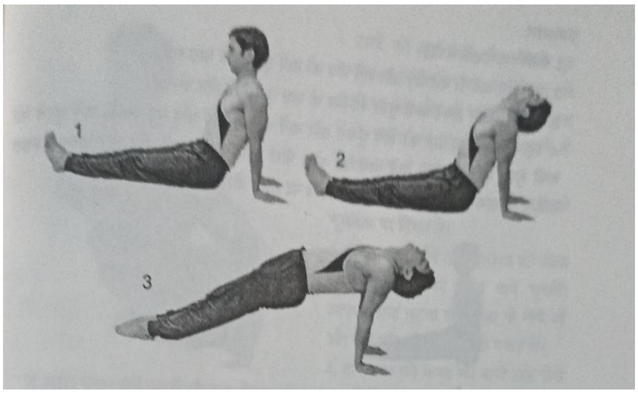
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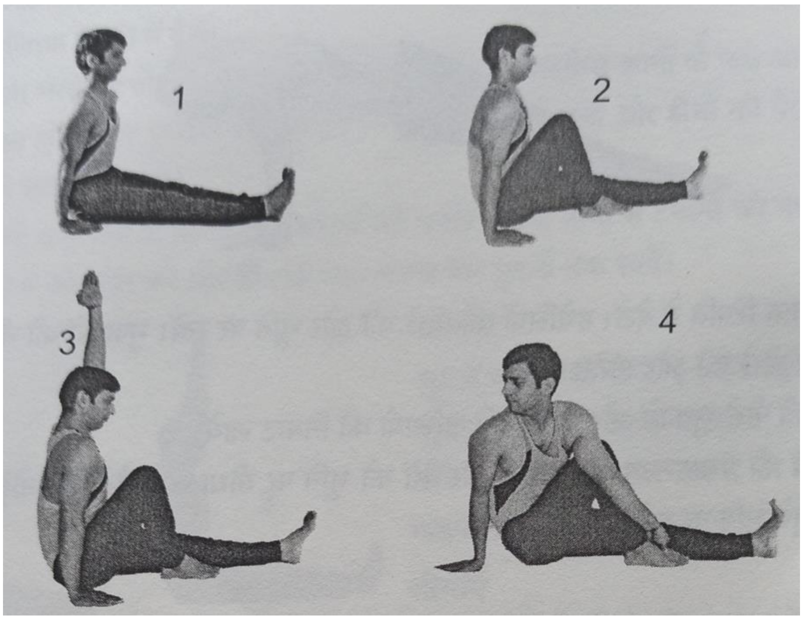
[illegible]



1. [illegible]
2. [illegible]
3. [illegible] ([illegible]) [illegible]
4. [illegible]

[illegible]


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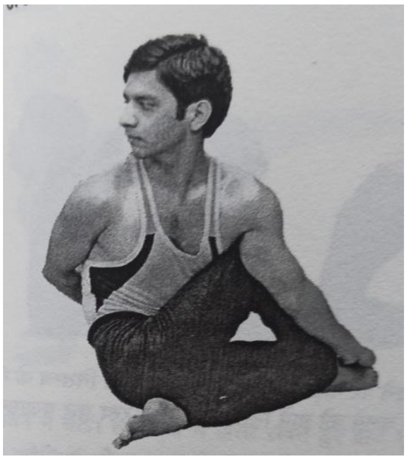
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[illegible]

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1. [illegible]
2. [illegible]
3. [illegible]



4. [illegible]

[illegible]

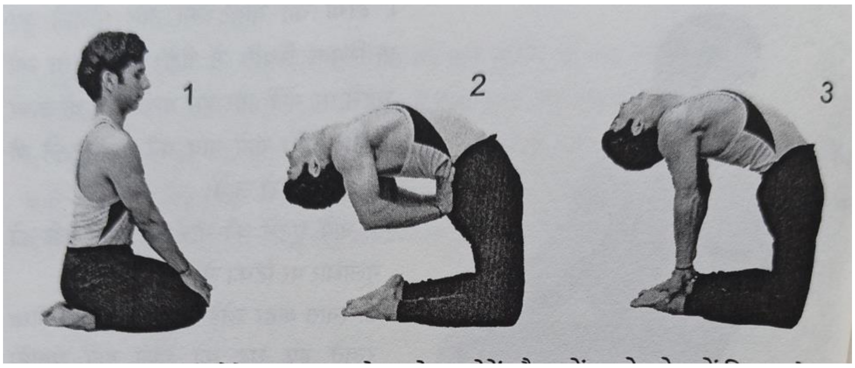
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[illegible]

[illegible]

[illegible]

[illegible]

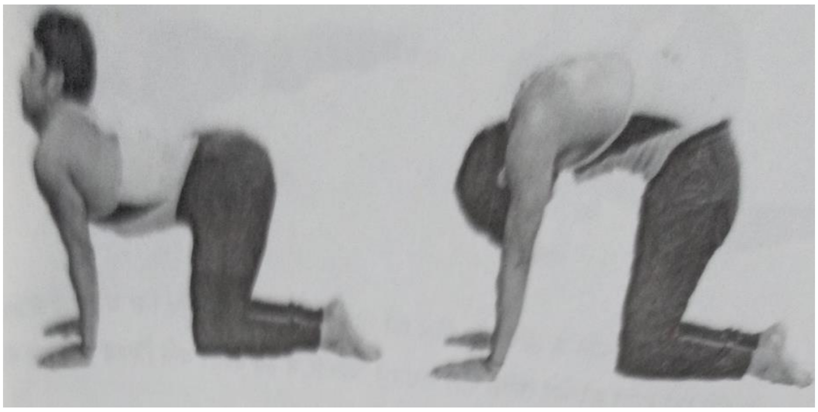


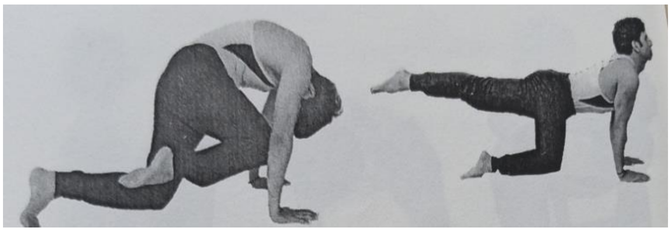
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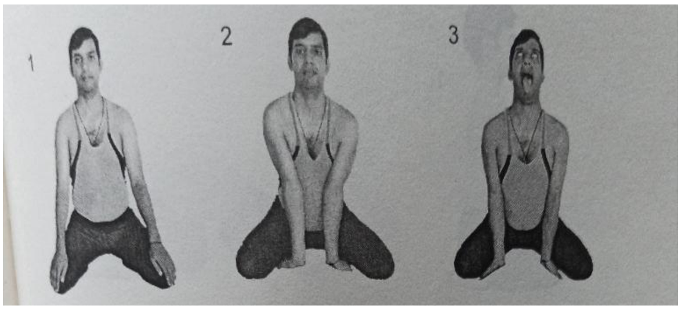
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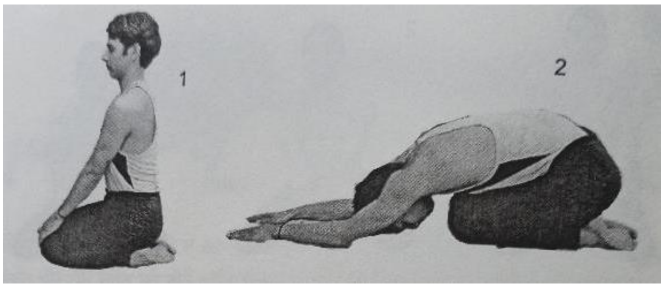
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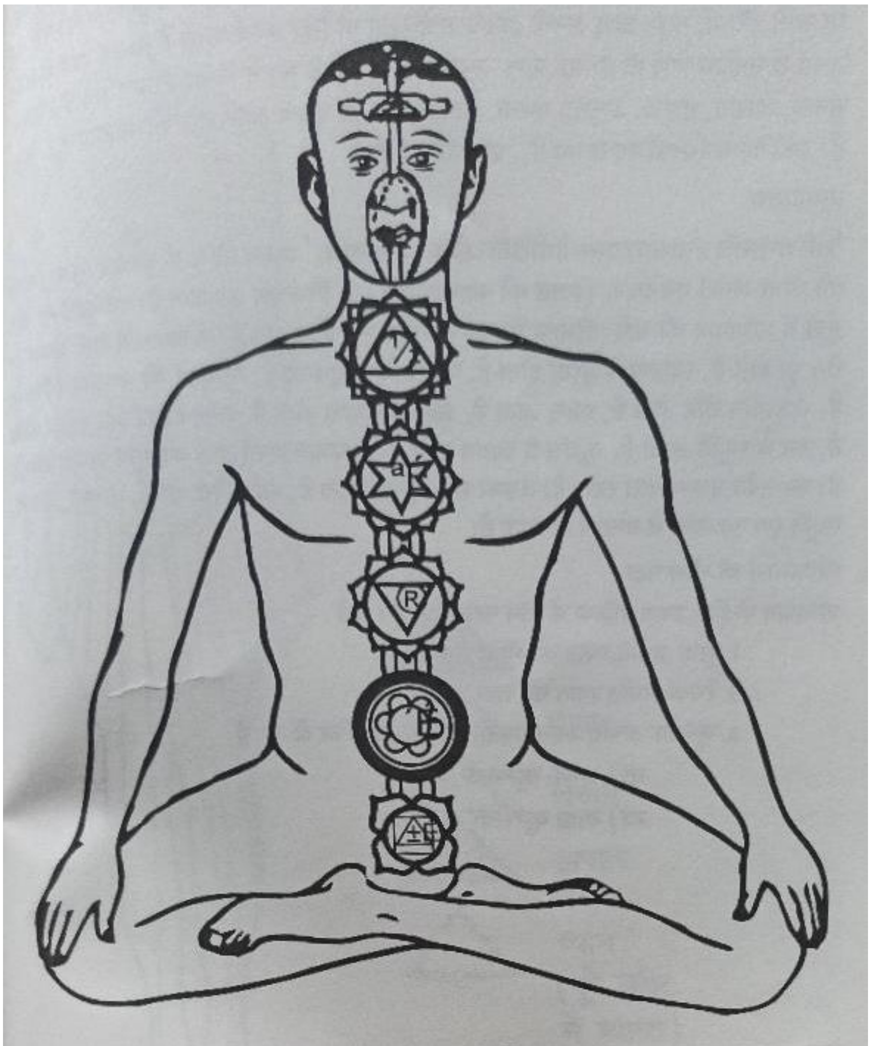
10 [illegible]



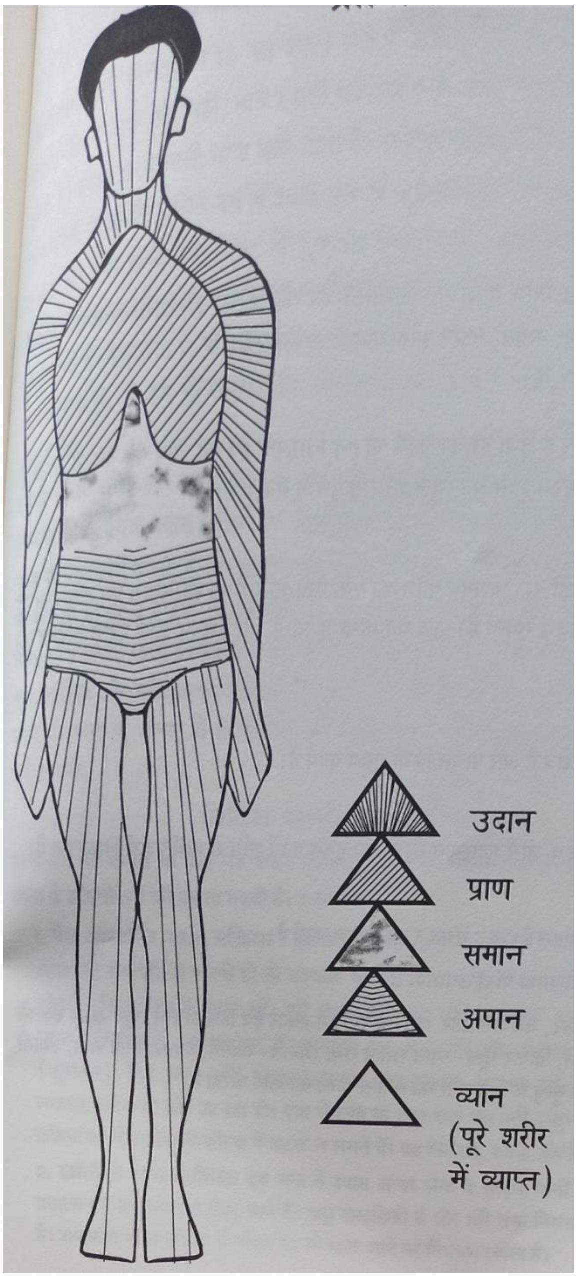



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इडा, पिंगला, सुषुम्ना और षट् चक्र


उदान
प्राण
समान
अपान
व्यान
(पूरे शरीर
में व्याप्त)

[illegible]

[illegible]

[illegible], [illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]-

[illegible], [illegible], [illegible], [illegible], [illegible], [illegible]-[illegible], [illegible]-[illegible], [illegible], [illegible]

[illegible]

[illegible] 15 [illegible] 21600 [illegible], [illegible] 7 [illegible] 5 [illegible] 500 [illegible], [illegible]

[illegible], [illegible], [illegible]

[illegible]

[illegible]

[illegible]

1. [illegible]

2. [illegible]

3. [illegible]

[illegible]

[illegible]

[illegible]) [illegible], [illegible], [illegible], [illegible]

[illegible]

[illegible]

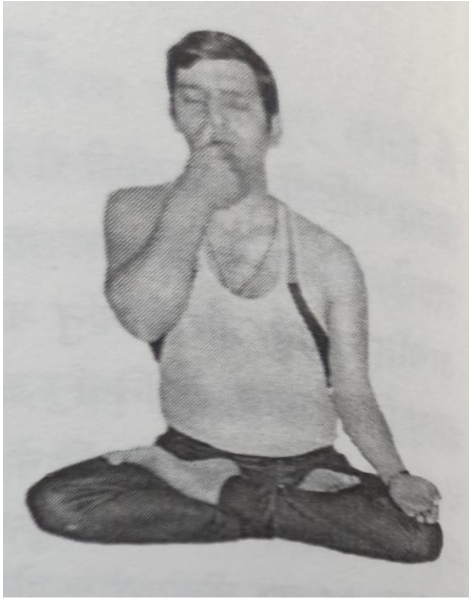
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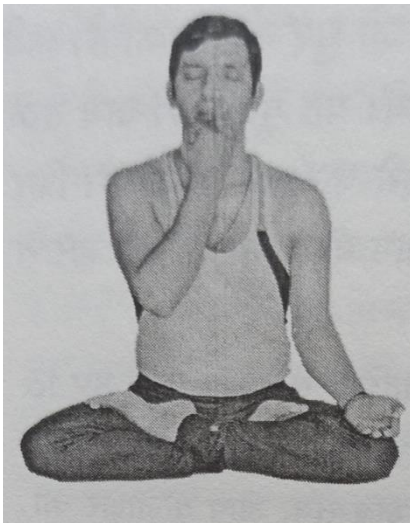
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3. [illegible] 16 [illegible] 64 [illegible], [illegible], [illegible] - [illegible], [illegible] 32 [illegible]

[illegible], [illegible] 1:4:2 [illegible]

[illegible] 1





[illegible] 2 [illegible] 3 [illegible]

[illegible] 3

[illegible] 12 [illegible]

[illegible] 12 [illegible] 1:2 [illegible]

[illegible] 4

[illegible]

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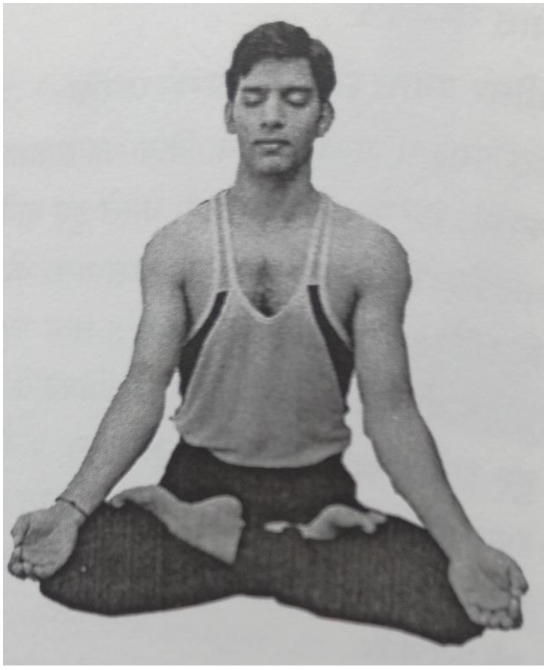
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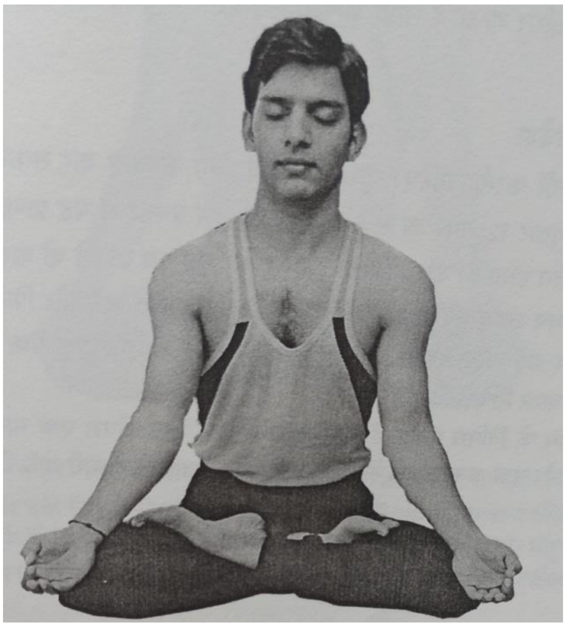
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[illegible] 1:2:2 [illegible], [illegible] 1:3:2 [illegible] 1:4:2 [illegible] 1:4:2 [illegible]

[illegible], [illegible]





[illegible], [illegible]

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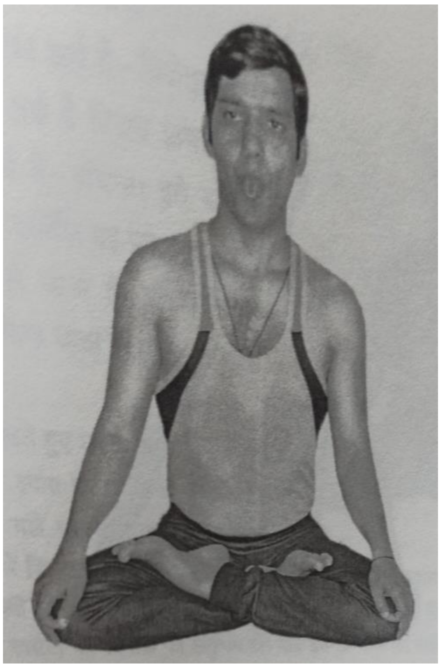
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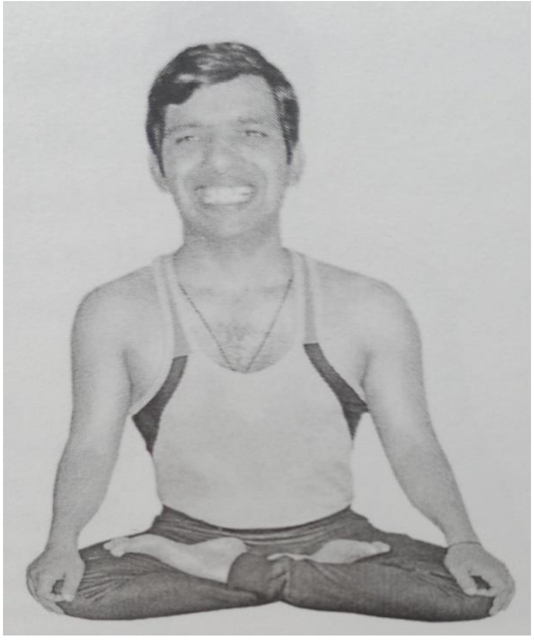
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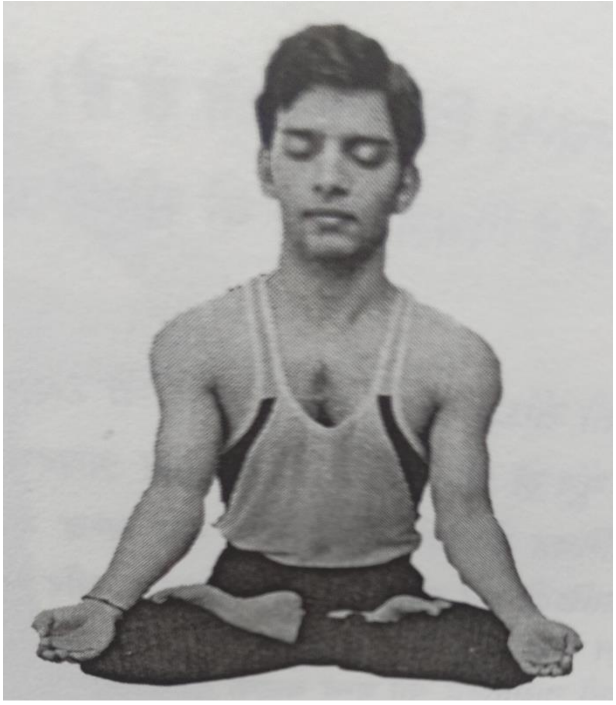
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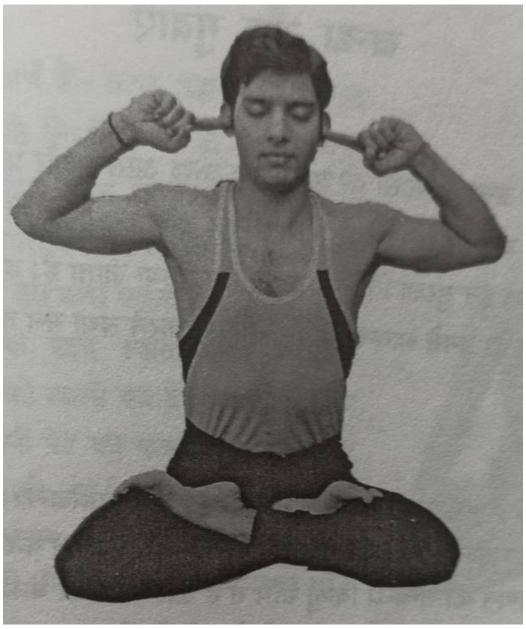
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[illegible]









[illegible]

[illegible] :

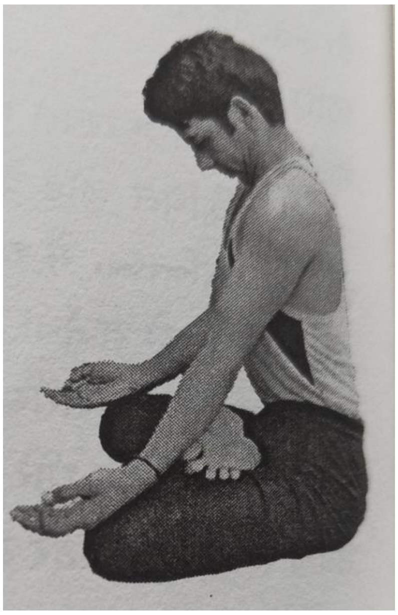
[illegible]

[illegible]

[illegible]

1. [illegible]

[illegible]

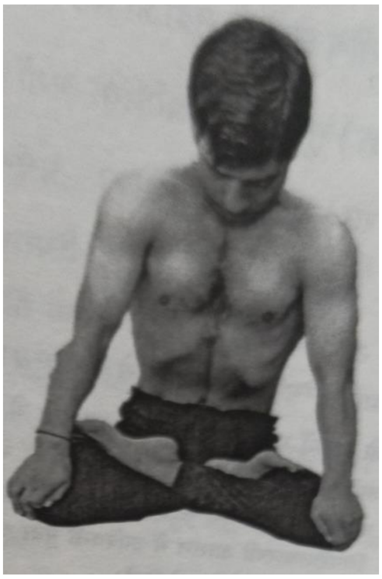


[illegible]

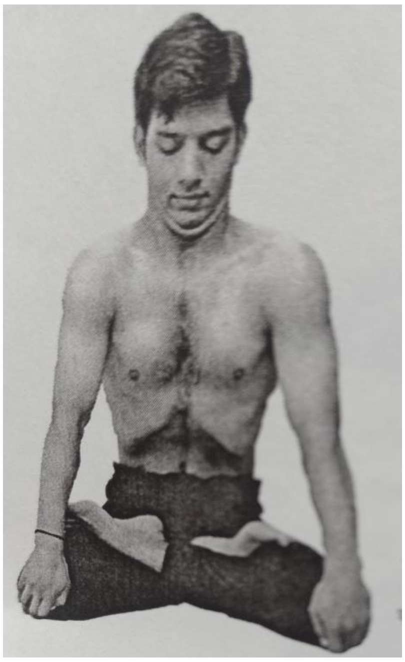
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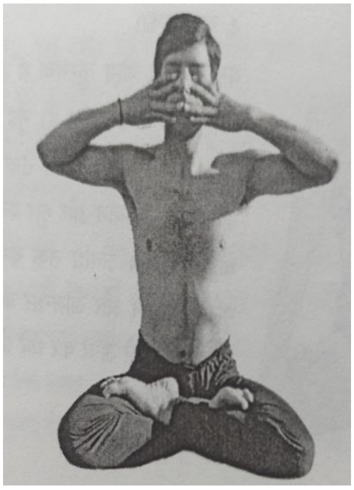
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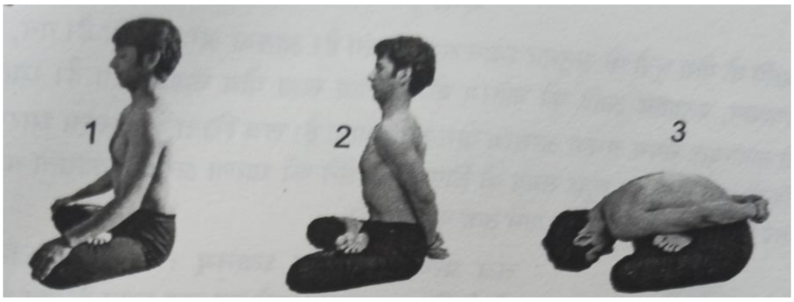
3. [illegible]



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2. [illegible],
[illegible]

3. [illegible], [illegible]

[illegible]

[illegible] 2 [illegible] 4 [illegible]

[illegible]

[illegible], [illegible], [illegible]

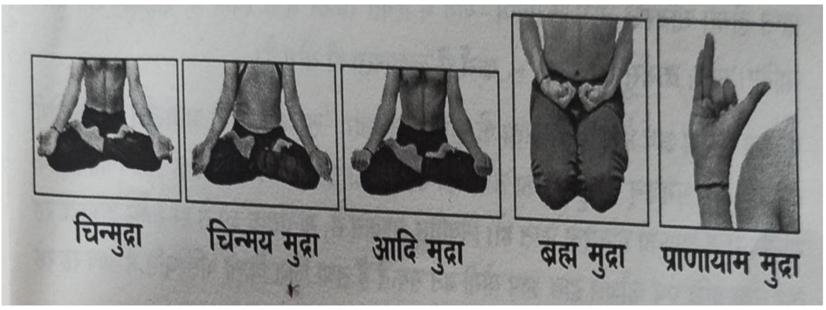
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[illegible]

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[illegible]:

